



Iyengar Yoga Association of Canada

Sri B. K. S. Iyengar
Honourary President

Dear Marilyn,

Welcome to IYAC News.

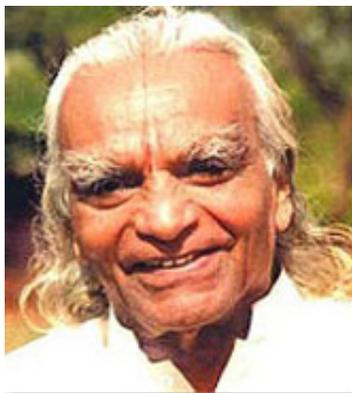
It has been a remarkable summer in Canada from coast to coast to coast. We have experienced weather unlike anything we can recall. Here on the West Coast we have had a Mediterranean climate while in Central Canada and the Maritimes as well as Newfoundland and Labrador, rain has prevailed. Has the summer weather had any bearing on your practice? Are you ready for the New Yoga Year of teaching and studying the gift of BKS Iyengar's method?

We wish you a happy Fall, and hope that September brings a sense of renewal to your practice and your teaching.

Namaste,

Kelly Murphy
IYAC News, guest editor
kemurphy@shaw.ca

Teaching Matters - A Letter from BKS Iyengar



In response to a question from Senior Teachers, Mr Iyengar has this guidance to offer:

I gather from Senior teachers that Introductory teachers are told not to touch/adjust their students. If a teacher cannot touch/adjust their student, the teacher cannot teach.

I have never said Introductory level II teachers are not to touch/adjust their students. It is wrong advice. If so, why then issue certificates?

Lots of teachers are commercialising by conducting "teacher training courses."

What is the teacher training course meant for? Is it not to train those budding teachers so that they gain confidence in the art of teaching?

Do not use words that have not come from my mouth as if it is my suggestion. I blame Senior teachers who do not guide their young, enthusiastic teachers. So Senior teachers should learn to help to build up courage and not to frighten or discourage their budding teachers. The time between Introductory level I and Introductory level II is where the teacher in training should be shown the art of adjustment

are of adjustment.

The adjustments have to be within the established ethical guidelines and they should all proceed with boldness and caution.

Changes to IYAC Teaching Certificate Revalidation

In an effort to maintain our organization's standards and at the same time streamline how certificates are renewed, changes have been made to what has been known as Certificate Renewal.

In the past, membership renewals have been on a yearly basis, while Certificate Renewal took

place every three years.

In future, both will be done at the same time, when annual association memberships are renewed.

Professional requirements will become a component of teaching memberships.

This new Process for Annual Revalidation of the IYAC Teaching Certificate reduces the number of expected professional development (PD) hours by ten percent over the three year requirement. It specifies the number of PD hours to be completed in each renewal year.

Please read carefully Section 8 of the new document, Procedures and Guidelines for Assessment and Certification and Teacher Training, June 2009. In addition to explaining how to renew your certificate, Section 8 clarifies the changes and gives examples of exceptional circumstances. We hope this that will ease the revalidation process.

Please note that there is a phasing in period for those who require this.

Because it is understood that IYAC members living in rural areas may have difficulty meeting the requirements for revalidation, supports have been built in to address these concerns. Specifically, the categories for professional development hours have been broadened. In addition there is now a process in place to address exceptional circumstances.

IMPORTANT: The new process no longer requires a recommendation and signature from a senior teacher. Only the name of the senior teacher with whom you work will be required.

IMPORTANT : No extra fee will be required for the revalidation process. The revalidation application and record of professional development will be submitted as part of the annual membership renewal to the Membership Registrar.

The Certificate Revalidation Registrar will review your application and inform you of the revalidation of your certificate as soon as possible, in coordination with the Membership Registrar. You can find the current contact information for both of these registrars in your current IYAC member directory.

We believe that these guidelines and this process will continue to ensure the high quality of professional standards represented in Iyengar yoga.

Linda Shevloff, Chair
Professional Development Committee

All documents are available on the IYAC Website.
The members' page can be accessed by using the following login protocol:
username: iyacmember (in lower case letters)
password: IyenGAR\$ (exactly as shown)

IYAC MEMBERSHIP SERVICES

Your **2009 IYAC Directory** should be in your hands. BIG thanks to Emma Richards, Admin Assistant and Theresa McDiarmid, Chair of the Membership Committee, for all their hard work preparing this invaluable resource.



Lynne Bowsher, IYAC Insurance Registrar, reminds us that our **IYAC Insurance was due by July 31, 2009** and is a condition of membership. Anyone who has failed to meet the deadline should attend to this matter immediately as should any new teaching members. For more information, email Lynne at lynne.bowsher@primus.ca



The IYAC RIMYI Scholarship was established to support the development of assessors and teacher trainers in Canada. It is designed to assist Junior Intermediate teachers to study at RIMYI, recognizing that the required four trips can be financially burdensome. Three (3) scholarships of \$1000.00 each will be awarded.

WHO CAN APPLY? Any teacher who holds a valid Intermediate Junior Certificate and Certification Mark, is a full IYAC member and has confirmation of a place at RIMYI between January 2010 and December 2010.

As well applicants should be working toward becoming an assessor and/or a teacher trainer. The yama of satya or truthfulness must be observed by potential applicants in assessing their financial need.

HOW DO I APPLY? Complete the application form which you may obtain from Lisa Townsen; email her at orenda@mts.net and include the following:

1. A copy of your confirmation of attendance at RIMYI
2. A letter of recommendation from your training or senior teacher
3. A personal letter of request

THE DEADLINE is October 31, 2009



Wende L. Davis



October 23, 1946 - August 12, 2009

A much loved Vancouver teacher, Wende Davis, was diagnosed with brain cancer in early July and died on August 12.

A more detailed account of Wende's contribution to the Iyengar community in Vancouver will be included in the next issue of IYAC News.

A memorial will be held to honor Wende's life on September 12 at 1 p.m. in the Celebration Hall, Mountain View Cemetery,

5445 Fraser St. Vancouver.

For a more comprehensive account of Wende Davis' life and legacy please visit this link: <http://wendedavis.blogspot.com/>
You are welcome to add your comments and memories of Wende to the page.

Assessment and Certification, June 2009

June 2009 saw two Introductory Level I and II assessments, one in Winnipeg and one in Toronto.

The following candidates have successfully completed Introductory Level II assessment in Winnipeg:

Sharoni Fixler, Calgary and Shanghai

Michelle Gunderson, Calgary

Nichole Karmali, Vancouver

Saskia Gould, Saturna Island BC

Carole O'Brien, Winnipeg

Deborah White of Toronto successfully completed Introductory level I.

The following people successfully completed Introductory II assessment in Toronto:

Alice Lee - Toronto

Erin Field - Bermuda

Denise Whistance-Smith - Caledon Ontario

Susan Brimner - London, Ontario

Brenda Ledsham - Toronto

Cindy Campbell - Toronto

Corrine Skrobot - Vancouver

Elizabeth Adilman - Vancouver

Congratulations to all who completed their assessment requirements.

Our Contest: Your Best Yoga Story

We have had two contributions, one from Cindy Campbell and one from Glenda Hingley, which meet the requirements for Your Best Yoga Story of less than 100 words - brevity is the soul of this contest!

And we are asking for more, more, more. Please enter... For fun! For lightness! For glory! For an IYAC t-shirt!

We'll share the best in the next Issue of IYAC news.

Deadlines for Upcoming Issues of IYAC News

We want to hear from you! Photos and/or short stories of your yoga life. Send them to traciskuce@shaw.ca with IYAC News submission on the subject line.

Deadlines are as follows:

Oct 10

Nov 21

Feb 7

March 24

June 5

We're Never More Than a Click Away

Visit the members only link to the IYAC website. Connect to the shop, view committee reports, download applications. Many things to see and read!

<http://iyengaryogacanada.com/teachers/snb441991.php>

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